

Note from Homerton Healthcare

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There may be areas for discussion facing sexual health, Homerton Healthcare and the wider health economy in Hackney and North East London. I will be concentrating on sexual health and the wider health (and schools) economy.

I don't know whether Breeda and/or Deblina will talk from a Homerton perspective.

My points are:-

- I speak as a sexual health consultant, but also as the mother of an 18 year old trans woman
- Commissioning issues have exacerbated a long standing dearth of gender identity services, for both adults and adolescents. Waiting lists for NHS services are > 5 years
- Many people self medicate while waiting for specialist input. I will talk a little about what self medication means for the individual, and the dangers involved.
- Kings College Hospital and Chelsea and Westminster Hospitals run trans specialist sexual health clinics. These do not prescribe gender affirming hormones, but they do provide services which can make self medication less dangerous (needle exchanges, help with im injection, toxicity bloods) as well as trans sensitive sexual health services.
- There is no trans specialist sexual health clinic in North East London
- Guidelines include:-

General medicine (For clinicians providing general medical services to transgender and gender diverse people)

- [Trans healthcare - ethical topic - GMC \(gmc-uk.org\)](https://www.gmc-uk.org)
- [Inclusive care of trans and non-binary patients \(bma.org.uk\)](https://www.bma.org.uk)

Endocrine prescribing recommendations

- Prescribing Recommendations for Gender Dysphoria, on behalf of NHS England Clinical Reference Group for Adult Gender Services' Prescribing Working Party . [PG12-GenderDysphoria.pdf \(tgmeds.org.uk\)](https://www.tgmeds.org.uk) UK endocrine guidelines (currently draft awaiting ratification)
- World Professional Association for Transgender Health (WPATH) Standards of Care for the Health of Transgender and Gender Diverse People. [Standards of Care for Transgender and Gender Diverse People | Guidelines | JAMA | JAMA Network](https://www.wpath.org/standards-of-care) comprehensive guidelines covering social psychological medical and surgical aspects of Trans health
- Endocrine Treatment of Gender-Dysphoric/Gender-Incongruent Persons: An Endocrine Society Clinical Practice Guideline. *The Journal of Clinical Endocrinology & Metabolism*, Volume 102, Issue 11, 1 November 2017, Pages 3869–3903, <https://doi.org/10.1210/jc.2017-01658>